

**Please book at least 7
business days in advance.**

It is never too early to reserve
your spot! When you book early,
final numbers will be confirmed
in the week before your event.

**Delivery available upon
request between 12-4pm.**

\$13.75 per delivery

(or save money by picking up your
order)

Hours of Operation:

Monday, Tuesday,

Thursday & Friday

9am-4pm

To order, contact Joanne:



(204) 560-3146



catering@acornfamilyplace.ca



acornfamilyplace.ca

202-222 FURBY STREET
WINNIPEG, MB R3C 2A7



Catering Menu

Food Connections Program

Acorn Family Place (AFP) is a non-profit, community-based family resource centre which serves families with children living in the inner city of Winnipeg.

We provide a broad range of programs and resources aimed at providing support, enhancing education, and fostering community.

Food Connections is a pre-employment program that provides opportunities for parents who live in the community to develop employment-related skills and address employment barriers in a supportive work environment.

Ordering food for your event or meeting from Food Connections provides work experience for these individuals and assists in essential skill development, which they will carry with them for the rest of their lives.

Payment Options

We accept Cash, E-transfer or Cheque.

For E-Transfers, send to:

catering@acornfamilyplace.ca

Make cheques out to “Acorn Family Place”. Full payment is required no later than 2 weeks after your event.

WRAPS & SANDWICHES

Sandwiches available on white or whole wheat

TURKEY AND AVOCADO	\$7.43
cucumber, spinach, tomato & mayo	
HAM AND CHEESE	
lettuce, tomato & mayo	\$6.60
TURKEY AND SWISS	
lettuce & mayo	\$6.60
CHICKEN SALAD	
lettuce, celery, parsley, green onion & mayo	\$6.60
TUNA SALAD	
lettuce, celery, green onion, dill & mayo	\$6.05
EGG SALAD	
lettuce, celery, green onion, ground mustard & mayo	\$6.05
VEGETABLE STACK	
cucumber, lettuce, tomato, bell peppers & herb and garlic cream cheese	\$6.05

WRAPS ONLY

GREEK	\$6.05
tomato, lettuce, cucumber, peppers, red onion & feta aioli	
CHICKEN CAESAR	\$6.88
romaine, parmesan & roasted red pepper caesar dressing	
CHIPOTLE CHICKEN	\$6.88
chipotle mayo, green onion, fresh lettuce & tomato	
MOROCCAN HUMMUS	\$6.05
chutney, lettuce, bell peppers & shredded carrot	

BUNWICHES

whole wheat or white	
(vegetarian)	\$4.13
(meat)	\$4.68

Choice of Ham & Cheese, Turkey & Swiss, Chicken Salad, Tuna Salad, Egg Salad or Veggie Stack

SALADS (10 servings) \$38.50

HOME NOT HOUSE

grated carrots, tomatoes, feta, toasted sunflower seeds & balsamic vinaigrette

SPINACH

carrots, red onions, toasted sunflower seeds & raspberry vinaigrette

CAESAR SALAD

romaine lettuce, croutons, parmesan cheese & caesar dressing

GREEK SPINACH SALAD

spinach, tomatoes, bell peppers, cucumbers, red onions, kalamata olives, feta & balsamic vinaigrette

ROASTED BEET SALAD

spinach, arugula, roasted beetroot, feta cheese, roasted walnuts & our red wine vinaigrette



BAKED GOODS (homemade)

MUFFINS \$13.20/12 or \$1.65 each

blueberry, morning glory, banana, chocolate chip banana, carrot pineapple

COOKIES \$11/12 or \$1.38 each

chocolate chip, old fashioned oatmeal, oatmeal raisin, double chocolate cranberry

BANANA BREAD \$13.20

chocolate chips optional

CHOCOLATE COCONUT MOUNDS

shredded coconut mounds \$1.65 each dipped in and drizzled with melted chocolate

DATE SQUARES \$2.48 each

traditional date squares cut into snack sized pieces

BUTTER TART SQUARES \$2.48 each

old-fashioned butter tart taste in snack sized squares, made with raisins



ENTREES \$38.50 (vegetarian) (10 servings) \$49.50 (meat)

Chili and Ratatouille served with fresh whole wheat bannock.

CHILI

simmered vegetables & legumes served with cheddar cheese, sour cream & green onions.

Meat option served with ground beef.

LASAGNA

vegetables, pasta sauce, spinach with three cheeses.

Meat option served with ground beef.

RICOTTA MANICOTTI

pasta sauce, three cheeses & fresh basil. Meat option served with chicken.



RATATOUILLE

zucchini, eggplant, bell peppers, tomatoes, and spices. Vegan option.

PLATTERS (10 servings)

VEGETABLE TRAY \$38.50

tomatoes, cucumbers, celery & carrots with ranch dip

FRUIT TRAY \$38.50

strawberries, grapes, pineapple & cantaloupe (substitutions may be made based on availability of fruits)

TORTILLA TRAY \$22.00

tortilla chips served with salsa and sour cream

DAINTY TRAY \$27.50

date squares, chocolate coconut mounds, butter tart squares

BEVERAGES

FRUIT JUICE	market price
BOTTLED WATER	market price
POP	market price