



NEWS FROM THE PLAYROOM

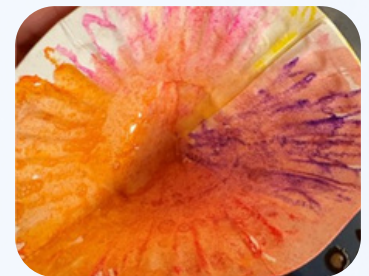


When the seasons change to spring, we love to include bright colours and a sense of growth in our art projects. We asked the children what their favourite flower colours are. The children were excited to use their imaginations and think of all the colours they could use to create a big, beautiful flower! The brightest flower idea was born!

Next, we wondered if we could blend the colours together, just like when we mix different paints. We used a spray bottle to spritz soap and water onto the marker colours, and we watched with curiosity as the colours started to change. We observed the soap bubbles formed and had fun poking them with our fingers to see what would happen.

Our own bright flower was created, just like our smiles and sunshine. We talked about what it might smell like and imagined that every day the flower would change into something wonderful!

What's your favourite smell during springtime?



HAPPY NATIONAL INDIGENOUS HISTORY MONTH!

June is National Indigenous History Month, a time to recognize and celebrate the histories, cultures, languages, and contributions of First Nations, Inuit, and Métis Peoples across Canada. It is also an opportunity to reflect on the strength, resilience & ongoing contributions of Indigenous Peoples in communities across the country, and to encourage learning and meaningful engagement throughout the month.



WIGGLE GIGGLE & MUNCH



TUESDAYS
10:00-11:30AM
JULY 7 - AUGUST 11



Wiggle, Giggle & Munch is a fun physical activity and nutrition program designed for 1-4 year olds and their caregivers.



It's a wonderful opportunity for caregivers and children to enjoy quality time together with active play, games, songs, books, and delicious, healthy snacks.



NO REGISTRATION REQUIRED



FOR MORE INFORMATION PLEASE CONTACT JENN
EMAIL: PARENTING@ACORNFAMILYPLACE.CA
OR CALL: 204-558-5198



INDIGENOUS HISTORY MONTH FACT:



The term Two-Spirit was officially coined in 1990 in Winnipeg, based on the Ojibwe phrase “niizh manidoowag,” meaning “two spirits”. Two-Spirit is a term used by some Indigenous people to describe roles, responsibilities, and identities that exist outside colonial understandings of gender and sexuality. For many, Two-Spirit is interrelated to expression, language, tradition, and/or ceremony, often carrying inherent responsibilities to the well-being of the land and community. Did you know the “2S” at the beginning of the 2SLGBTQIA+ acronym recognizes Two-Spirit people?

Essential Items Needed



What we need:

- Diapers sizes 2-6
- Pull-ups sizes 6-8
- Formula - Step 2
- Baby Wipes
- Shampoo
- Conditioner
- Lotion & Soap

Drop-off Location:

202- 222 Furby Street
Winnipeg, Manitoba
Mon, Tues, Thurs, Fri:
9am-4pm (closed 12-1pm)
Wednesday: 1-4pm

For more information on our programs and ways to support, please visit:

acornfamilyplace.ca



Questions?

Please give us a call:

204-560-3141



GOLDEYES GAME

A Group Outing*



*Must have children 0-6 years old and have attended Acorn Family Place before

Friday June 5th at 7pm

OR

Sunday June 28th at 1pm

Blue Cross Park | 1 Portage Ave East

Contact Deja to sign up! 431-721-3817

Leah Gazan

Member of Parliament
Winnipeg Centre

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892 Sargent Avenue
Winnipeg MB R3E 0C7

 204-984-1675

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CARING DADS

What is Caring Dads?

Caring Dads is an important initiative that recognizes the interconnectedness of violence against women and children. By involving fathers in efforts to enhance the safety & well-being of their children, the program aims to address both gender-based violence and child safety simultaneously.

This holistic approach ensures that both issues are tackled together, promoting a safer and healthier environment for families.

When: Tuesdays, 1:30-3:30pm
August 25th - December 15th 2026

Location: Acorn Family Place
202-222 Furby Street



For more information & intake process,
please contact Matt at: **431-791-4466** or
email **caringdads@acornfamilyplace.ca**



Farewell Nurse Julia

After 7+ years of incredible care, connection and support, we must say farewell to our local Public Health Nurse, Julia Civka.

Due to the booming population in the Seven Oaks community area, Public Health borders have changed, which means we will be getting a new nurse.

Julia has made a lasting impact on so many in the AFP community and will be missed immensely.

This is not a goodbye but more of a farewell. Julia will still be around, working with unhoused individuals in the downtown community!



PUBLIC HEALTH NURSE DROP-IN

NEXT DROP-IN DATE IS

JUNE 9TH AND 30TH 1:00-3:00PM

DISCUSS ANY CURRENT HEALTH CONCERNS

GET CONNECTED TO A DOCTOR IN YOUR AREA

REFERRAL TO MENTAL HEALTH SUPPORT SERVICES

IMMUNIZATIONS INCLUDING VACCINE EDUCATION

SUPPORTING YOU/YOUR FAMILY TO DETERMINE YOUR HEALTH CARE NEEDS!



SUMMER SAFETY Presentation



**June 2nd
1:30pm
in the
Drop-in**

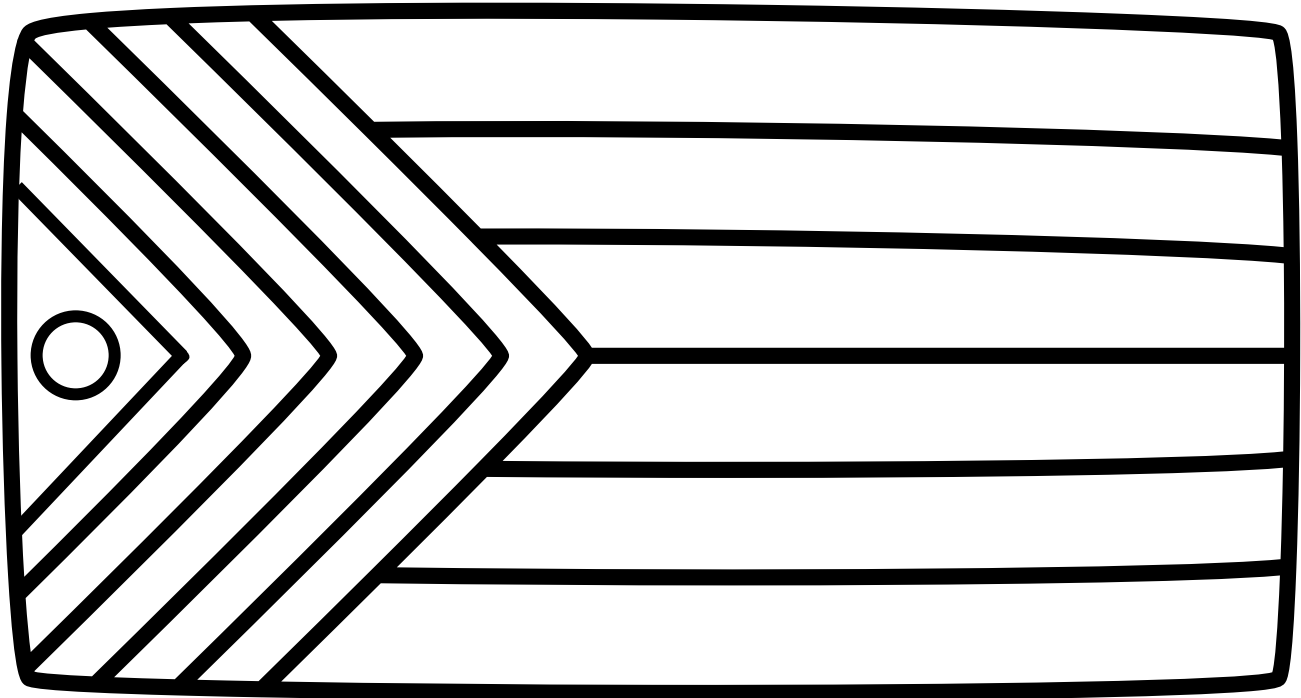
Topics:

- Sun Safety
- Water Safety
- Bike Safety
- Ticks

Contact Deja for more info at 431-721-3817



♡ COLOUR ME! ♡



Join us for...

A PRIDE PRONOUN BADGE MAKING WORKSHOP

June 5th 1:30-3:30pm
In the Program Room





Monday	Tuesday	Wednesday	Thursday	Friday
1 Book Club 10:00-11:30am	2 Muffins and Tots 9:30-11:30am Summer Safety Presentation 1:30pm 	3 CENTRE CLOSED 9AM-1 PM Nobody's Perfect 1:30-3:30pm	4 Cooking Class 1:30-3:30pm 	5 Breakfast Club 10:00-11:00am Pride: Pronoun Badge Art Activity 1:30-3:30 Bingo draw at 3pm!
8 Book Club 10:00-11:30am WrapAround Drop-in: Fun with Glue Art 1:00-3:30pm	9 Muffins and Tots 9:30-11:30am Drop-in with Nurse Lara 1:00-3:00pm	10 CENTRE CLOSED 9AM-1 PM Nobody's Perfect 1:30-3:30pm Library Visit (Playroom) 1:30pm	11	12 Breakfast Club 10:00-11:00am Music Circle 10:30-11:00am
15 Book Club 10:00-11:30am 	16 Muffins and Tots 9:30-11:30am	17 CENTRE CLOSED 9AM-1 PM Nobody's Perfect 1:30-3:30pm	18 Cooking Class 1:30-3:30pm	19 Breakfast Club 10:00-11:00am  Happy Indigenous Peoples Day and Summer Solstice! (Sunday, June 21st)
22 Book Club 10:00-11:30am Community Council 1:00-3:00pm	23 Muffins and Tots 9:30-11:30am	24 CENTRE CLOSED 9AM-1 PM Nobody's Perfect 1:30-3:30pm	25 	26 Breakfast Club 10:00-11:00am Music Circle 10:30-11:00am
29 Book Club 10:00-11:30am WrapAround Drop-in: Bannock & Rice Krispie Squares 1:00-3:30pm	30 Drop-in with Nurse Lara 1:00-3:00pm 	<div style="border: 2px solid orange; padding: 10px;">  <p>INDIGENOUS HISTORY MONTH FACT:</p> <p>The Red River Métis flag, first flown in the early 1800s in the Red River Settlement (now Winnipeg), is over 200 years old. It features the infinity symbol, representing the continuity of the Métis Nation. The Red River Métis homeland is in the Red River Valley, and the Red River Settlement is the birthplace of the Métis Nation.</p> </div>		

- Nobody's Perfect Parenting require pre-registration. All other programs are open drop-in programs for caregivers.
- WrapAround programming connects parents & caregivers who are involved with CFS. Please contact Ruby for info: 204-560-3141 or wasupport@acornfamilyplace.ca
- The sign-up sheet for Breakfast Club & Cooking Class will be in the Drop-In room 30 minutes before the program starts.