

Thank you Assiniboine Credit Union for sponsoring our annual Winter Celebration! ❤️




Assiniboine
Credit Union™

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ACORN FAMILY PLACE

Free Tax Clinic



Mark Your Calendars:

Tuesday, April 7th

Thursday, April 9th

Friday, April 10th

**Limited spots available.*



Call Vanessa for more information: 204-560 3141
or email admin@acornfamilyplace.ca



Creativity for Caregivers with Art City



Parents and Caregivers,
Join us Monday mornings and
start your week off with some
creativity and self-care!

Mondays in the Program Room
From 9:30am to 11:30AM

September 8th, 2025
to March 30th, 2026



Snacks and Childcare are provided!

Questions?

Contact Deja at 204-979-2833 or
wellnessoutreach@acornfamilyplace.ca



We had so much fun at Snoball last month!



Bookmates:

STRONG BEGINNINGS



Strategies to Support Social-Emotional Development

Join our free workshop to learn simple, fun ways to support your child's social-emotional development. We'll explore picture books, songs, rhymes, and hands-on activities you can use at home.

Everyone will leave with a free children's book!

When: Wednesday, March 11th
from 1:30-3:00 pm

Location: Acorn Family Place
202-222 Furby Street



For caregivers of children ages 0-6.

Please email Jenn to register at:
parenting@acornfamilyplace.ca



COME GET A FLOWER IN
CELEBRATION OF
INTERNATIONAL WOMEN'S DAY!

FRIDAY
MARCH 6
9AM TO 3PM

WHILE SUPPLIES LAST



Join us for an
Eritrean Coffee
Ceremony!



Monday, March 2nd
from 1:00-4:00pm



National Social Work Month



March is National Social Work Month!

This year's theme, "Social Workers: Uplift. Defend. Transform." from the National Association of Social Workers, recognizes the incredible impact social workers have in strengthening individuals, families, and communities.

We want to show some appreciation to the Registered Social Workers on our team who uplift and advocate for the families we serve every day.

Thank you for the compassion, dedication, and expertise you bring to our team and community!

Circle of Security



PARENTING GROUP

At times all parents/caregivers feel lost or without a clue about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you.

The Circle of Security Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

Learning Objectives of the Program:

- ✓ Understand your child's emotional world by learning to read the emotional needs
- ✓ Support your child's ability to successfully manage emotions
- ✓ Enhance the development of your child's self esteem
- ✓ Honor your innate wisdom and desire for your child to be secure



When: Wednesdays, March 18th - May 6th 1:30-3:30pm

Where: Acorn Family Place (202-222 Furby Street)



For more information & intake process, please contact Jenn at: 204-560-3147 or email parenting@acornfamilyplace.ca
Registration required. Childcare & snacks provided.



DROP-IN WITH NURSE JULIA

NEXT DROP-IN DATE IS

MARCH 13th & 27th 1:30-3:30pm

GET HELP WITH...

APPLYING FOR EIA/DISABILITY
FOOD SECURITY PREGNANCY TESTS
COUNSELING HOUSING
MENTAL HEALTH SUPPORT
FAMILY DOCTORS

GET IMMUNIZATIONS FOR...

TETANUS PNEUMONIA COVID
FLU HPV HEPATITIS AND MORE

CAN ALSO WEIGH BABIES
0 TO 3 MONTHS OLD



acorn
Family Place

nobody's perfect

PARENTING GROUP



A Certificate Program to
help support parents/caregivers
and young children

When: Wednesdays, May 20th – June 24th 1:30–3:30pm

Where: Acorn Family Place (202-222 Furby Street)

What to expect from the program:

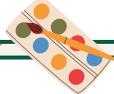
- ☆ **Meet** with other parents and caregivers of young children (ages 0-5)
- ☆ **Share** questions or concerns and ideas about being a parent
- ☆ **Learn** about child development, safety, health and behaviour
- ☆ **Discover** ways of positive parenting
- ☆ **Work** together with the support of a trained facilitator
- ☆ **Talk** about real-life parenting experiences



To sign-up, please contact **Jenn** at: **204-560-3147**
or email parenting@acornfamilyplace.ca
Registration required. Childcare & snacks provided.

March 2026

Programming Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Eritrean Coffee Ceremony 1:00-4:00pm</p> 	<p>3</p> <p>Muffins and Tots 9:30-11:30am</p> <p>Caring Dads 1:30-3:30pm</p>	<p>4</p> <p>CENTRE CLOSED 9AM-1 PM</p>	<p>5</p>	<p>6</p> <p>Breakfast Club 10:00-11:00am</p> <p>Music Circle 10:30-11:00am</p> <p>International Women's Day: Flower Giveaway 9:00-3:00pm</p> 
<p>9</p> <p>Creativity For Caregivers 9:30-11:30am</p>	<p>10</p> <p>Muffins and Tots 9:30-11:30am</p> <p>Caring Dads 1:30-3:30pm</p>	<p>11</p> <p>CENTRE CLOSED 9AM-1 PM</p> <p>Strong Beginnings 1:30-3:30pm</p> 	<p>12</p> <p>Healthy Baby 1:00-3:00pm</p> <p>Cooking Class 1:30-3:30pm</p>	<p>13</p> <p>Breakfast Club 10:00-11:00am</p> <p>Drop-in with Nurse Julia 1:30-3:30pm</p>
<p>16</p> <p>Creativity For Caregivers 9:30-11:30am</p> 	<p>17</p> <p>Muffins and Tots 9:30-11:30am</p> <p>Caring Dads 1:30-3:30pm</p>	<p>18</p> <p>CENTRE CLOSED 9AM-1 PM</p> <p>Circle of Security 1:30-3:30pm</p>	<p>19</p> 	<p>20</p> <p>Breakfast Club 10:00-11:00am</p> <p>Music Circle 10:30-11:00am</p>
<p>23</p> <p>Creativity For Caregivers 9:30-11:30am</p> <p>Community Council 1:00-3:00pm</p> <p>WrapAround Drop-in: Paint with Bob Ross 1:30-3:30pm</p>	<p>24</p> <p>Muffins and Tots 9:30-11:30am</p> <p>Caring Dads 1:30-3:30pm</p>	<p>25</p> <p>CENTRE CLOSED 9AM-1 PM</p> <p>Circle of Security 1:30-3:30pm</p>	<p>26</p> <p>Healthy Baby 1:00-3:00pm</p> <p>Cooking Class 1:30-3:30pm</p>	<p>27</p> <p>Breakfast Club 10:00-11:00am</p> <p>Drop-in with Nurse Julia 1:30-3:30pm</p> 
<p>30</p> <p>Creativity For Caregivers 9:30-11:30am</p>	<p>31</p> <p>Muffins and Tots 9:30-11:30am</p> <p>Caring Dads 1:30-3:30pm</p> 			

- Caring Dads and Circle of Security (COS) require pre-registration. All other programs are open drop-in programs for caregivers.
- WrapAround programming connects parents & caregivers who are involved with CFS. Please contact Margot for info: 204-560-3153 or wraparound@acornfamilyplace.ca
- The sign-up sheet for Breakfast Club & Cooking Class will be in the Drop-In room 30 minutes before the program starts.