

# Monthly News

February 2026 — ♥ —



As winter has arrived, we start thinking of creative ways for the children to enjoy activities they love during outdoor play. The children were sharing how much they enjoy building snow piles and racing to jump and run into the cold snow.

The teachers asked, "How can we build a pretend snow fort indoors?"

"Hey, look!" a child exclaimed excitedly. "We can use these," pointing to the large, soft building shapes. With strong muscles and good balancing skills, the children worked together to create a "snow pile" they could slide into and run through.

Every time the children used their bodies to crash into the "snow pile," they had fun coming up with new ways to build "snow towers." They paid close attention to how the shapes fit together just right so they could balance on top without falling over.

## From the Playroom



This play sparked our interest in building a tiny house. We grabbed our magnet tiles and explored how they connected to create walls, eventually turning into a little house for our dinosaurs. Of course, we needed a trap door for our dinosaurs to escape through and plenty of windows so we could watch the snow fall.

During the winter, it's always fun to find new and creative ways to combine our love of building with the snow. We can do this by pretending other objects are snow too. Imagination is the key tool we use for playing.



# **Black History Month is a time to celebrate the legacy, leadership, and contributions of the Black community.**

Guided by this year's Canadian theme, "30 Years of Black History Month: Honouring Black Brilliance Across Generations — From Nation Builders to Tomorrow's Visionaries," we reflect on the enduring impacts of enslavement, segregation, systemic racism, and ongoing discrimination experienced by Black communities, while recognizing the resilience and leadership that continue to shape and strengthen communities, like ours at Acorn Family Place, across generations.



This month is a time to celebrate and uplift the Black staff, families, and community members whose lived experiences and contributions enrich our shared space every day. We will be honoring Black History Month throughout the month with special events: Creativity for Caregivers and Cooking Class will be thoughtfully integrating Black History Month into their programs, we'll also be hosting a community potluck, an activity and documentary highlighting the legacy of Viola Desmond, and a kids' movie screening. We invite you to celebrate and learn with us!

Want to bring a dish for our Black History Month Potluck on February 20th? See Marisolle at the front desk to learn more and signup!



## Register Now for Parenting Courses at Acorn Family Place!

“

“Circle of Security Parenting definitely changed the way I see my child’s needs. Before taking the course, I would’ve said I understood what my child needed - love, attention, boundaries, the occasional snack-shaped bribe. But COSP helped me see that their needs go much deeper than just behavior management or meeting basic daily demands.”

”

## ACORN FAMILY PLACE Free Tax Clinic



### Mark Your Calendars:

Tuesday, April 7<sup>th</sup>

Thursday, April 9<sup>th</sup>

Friday, April 10<sup>th</sup>

\*Limited spots available.

Call Vanessa for more information: 204-560 3141  
or email [admin@acornfamilyplace.ca](mailto:admin@acornfamilyplace.ca)



# Circle of SECURITY

PARENTING GROUP



At times all parents/caregivers feel lost or without a clue about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you.

The Circle of Security Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

### Learning Objectives of the Program:

- ✓ Understand your child's emotional world by learning to read the emotional needs
- ✓ Support your child's ability to successfully manage emotions
- ✓ Enhance the development of your child's self esteem
- ✓ Honor your innate wisdom and desire for your child to be secure



**When:** Wednesdays, March 18<sup>th</sup> – May 6<sup>th</sup> 1:30–3:30pm

**Where:** Acorn Family Place (202-222 Furby Street)



For more information & intake process,  
please contact Jenn at: 204-560-3147  
or email [parenting@acornfamilyplace.ca](mailto:parenting@acornfamilyplace.ca)  
Registration required. Childcare & snacks provided.

# nobody's perfect

PARENTING GROUP

A Certificate Program to  
help support parents/caregivers  
and young children

**When:** Wednesdays, May 20<sup>th</sup> – June 24<sup>th</sup> 1:30–3:30pm

**Where:** Acorn Family Place (202-222 Furby Street)

### What to expect from the program:

- ★ **Meet** with other parents and caregivers of young children (ages 0-5)
- ★ **Share** questions or concerns and ideas about being a parent
- ★ **Learn** about child development, safety, health and behaviour
- ★ **Discover** ways of positive parenting
- ★ **Work** together with the support of a trained facilitator
- ★ **Talk** about real-life parenting experiences



To sign-up, please contact Jenn at: 204-560-3147  
or email [parenting@acornfamilyplace.ca](mailto:parenting@acornfamilyplace.ca)  
Registration required. Childcare & snacks provided.



## PALENTINES DAY

Celebrate friendship  
in the sweetest way!

**FRIDAY, Craft Activities**  
**FEBRUARY 13 Cookie Decorating**  
**ALL DAY! Fun Photo Booth**

Feel free to drop in!  
No registration required.

**Leah  
Gazan** 

Member of Parliament  
Winnipeg Centre

Constituency Office:  
892 Sargent Avenue  
Winnipeg MB R3E 0C7

204-984-1675

leah.gazan@parl.gc.ca

leahgazan.ca

@leahgazanMP  /LeahGazanMP  @leahgazan



Please join us at  
**Acorn Family Place** on  
**Friday, February 13th**,  
for our Palentines Day  
Celebration!

This is a day to come  
together and celebrate  
the value of friendship.  
Enjoy arts and crafts,  
take a silly photo in our  
photo booth or enjoy a  
cookie decorating activity.

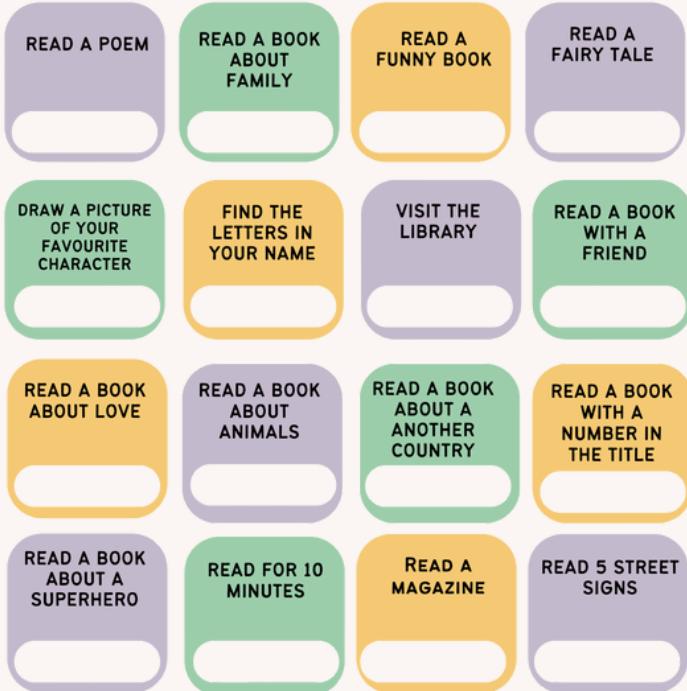
See you there! 

I   
TO READ



# I LOVE TO READ BINGO

Complete as many boxes as possible throughout the month.  
Complete a line to enter to win the bingo challenge!  
See the Playroom for the ballot box.



# Librarian Storytime

February 9<sup>th</sup> 2:00-2:30pm

Playroom



acorn  
Family Place

# I Love to Read

Throughout February, come join the Playroom for some fun games, activities, and special guests as we celebrate all things literacy!

Thursday, Feb 5<sup>th</sup> 1:00-3:00pm: *It Starts with a Book*

Monday, Feb 9<sup>th</sup> 2:00-2:30pm: *Librarian Storytime*

Thursday, Feb 12<sup>th</sup> 1:00-3:00pm: *Art City*

*Bookmaking Workshop*

Thursday, Feb 19<sup>th</sup> 1-2pm: *Knowledge Keeper*

*Osa Muska Iskew*

TBA: *Drag Performer Story Time*

Friday, February 27: 2pm - *PJ Story Time*

and more!

For more information please contact

Nadine at 204-560-3148 or  
[playroom@acornfamilyplace.ca](mailto:playroom@acornfamilyplace.ca)



## INFORMATION SESSION

# WINNIPEG PUBLIC LIBRARY SERVICES & SUPPORTS

MONDAY FEBRUARY 9<sup>TH</sup>  
2:30-3:30PM  
WRAPAROUND DROP IN



# February 2026



## Programming Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
2 Creativity For Caregivers 9:30-11:30am 	3 Muffins and Tots 9:30-11:30am Caring Dads 1:30-3:30pm	4 CENTRE CLOSED 9AM-1 PM Stories to Grow By 1:15-2:45pm	5 It Starts with a Book 1:00-3:00pm (Playroom) Healthy Baby 1:00-3:00pm 	6 Breakfast Club 10:00-11:00am Music Circle 10:30-11:00am Black History Month Activity & Documentary Discover: Who is Viola Desmond? 1:30-3:00pm
9 Creativity For Caregivers 9:30-11:30am Librarian Storytime 2:00-2:30pm (Playroom) WrapAround: Winnipeg Public Library Info Session 2:30-3:30pm	10 Muffins and Tots 9:30-11:30am Caring Dads 1:30-3:30pm 	11 CENTRE CLOSED 9AM-1 PM Stories to Grow By 1:15-2:45pm	12 ART CITY - Bookmaking Workshop 1:00-3:00pm (Playroom) Cooking Class 1:30-3:30pm	13 Palentine's Day All Day! Breakfast Club 10:00-11:00am 
16 CENTRE CLOSED	17 Muffins and Tots 9:30-11:30am Caring Dads 1:30-3:30pm	18 CENTRE CLOSED 9AM-1 PM Stories to Grow By 1:15-2:45pm	19 Knowledge Keeper Osa Muska Iskew 1:00-2:00pm (Playroom)	20 Music Circle 10:30-11:00am Black History Month - Potluck 1:30-3:30pm 
23 Creativity For Caregivers 9:30-11:30am Community Council 1:00-3:00pm Black History Month - Kids Movie 2:00-3:00pm	24 Muffins and Tots 9:30-11:30am Caring Dads 1:30-3:30pm 	25 CENTRE CLOSED 9AM-1 PM Stories to Grow By 1:15-2:45pm	26 Cooking Class 1:30-3:30pm Healthy Baby 1:00-3:00pm	27 Breakfast Club 10:00-11:00am PJ Storytime 2:00pm Black History Month - Bingo Draw 3:00-3:30pm



- WrapAround programming connects parents & caregivers who are involved with CFS. Please contact Margot for info: 204-560-3153 or [wraparound@acornfamilyplace.ca](mailto:wraparound@acornfamilyplace.ca)
- The sign-up sheet for Breakfast Club & Cooking Class will be in the Drop-In a half hour before the program starts
- Please call Joanne for info & to place your name on our Food Bank waiting list at: 204-560-3146