

As the days grow a bit darker & cooler outside, we work to keep the brightness & warmth of each day alive.

We encourage the children to slow down and notice the beauty of nature around them. We do this by focusing on our senses of touch, smell, and sight. The children can express what they see, hear, smell, and feel, helping them recognize their body sensations and then express themselves individually through art. This is a wonderful way for each child to express their unique personality. Through their artwork, we can catch glimpses of each child's special glimmers.

Glimmer

noun /'glɪm.ər/

A fleeting moment that prompts happiness, gratitude or calm – allowing your body to rest, relax and recover



In the Playroom, we've been exploring nature through touch and feel. The children noticed the rough texture of the pinecones, but they weren't too fond of their colour. They were inspired to paint each one a different shade. Some children used their hands, while others preferred a paintbrush, honoring their unique sensory preferences.

What did we observe next?

The pinecones left prints with the excess paint on the pinecones! Of course, we had to make those prints even bigger by moving our paintbrush in a circular motion. One child exclaimed loudly, "It's sunny!" with a big, happy smile.

This child's glimmer was clear, shining through both her smile and her ability to create something from her own imagination.






FRIDAY DEC 5TH
WEDNESDAY DEC 17TH
1:30-3:30PM

DROP-IN WITH NURSE JULIA

GET HELP WITH...

APPLYING FOR EIA/DISABILITY
FOOD SECURITY PREGNANCY TESTS COUNSELLING
HOUSING MENTAL HEALTH SUPPORT
FAMILY DOCTORS AND IMMUNIZATIONS
SHE CAN ALSO WEIGH BABIES 0 TO 3 MONTHS OLD

YOU'RE INVITED!

JOIN US ON FRIDAY, DECEMBER 12
FROM 1:30 TO 3:30 PM FOR A
SCREENING OF *THAT CHRISTMAS*, A
WARM AND FUNNY MOVIE ABOUT
THE INTERTWINED STORIES OF A
COMMUNITY DURING THE HOLIDAYS.




HOLIDAY MOVIE:

A FAMILY FRIENDLY EVENT

THAT CHRISTMAS

LET'S WATCH, EAT AND
ENJOY EACH OTHER'S
COMPANY

FRIDAY
DECEMBER 12
1:30 TO 3:30PM



CARING DADS

What is Caring Dads?

Caring Dads is an important initiative that recognizes the interconnectedness of violence against women and children. By involving fathers in efforts to enhance the safety & well-being of their children, the program aims to address both gender-based violence and child safety simultaneously.

This holistic approach ensures that both issues are tackled together, promoting a safer and healthier environment for families.

**When: Tuesdays. Starting
February 3rd - May 26th, 2026**

**Location: Acorn Family Place
202-222 Furby Street**



For more information & intake process,
please contact Jenn at: **204-558-5193** or
email **parenting@acornfamilyplace.ca**





WE'RE PAUSING DONATIONS
TO THE KIDS CLOSET UNTIL
THE NEW YEAR!



We'll let you know when we can accept items again! Going forward, we are asking for all future donations to be done by appointment.

THANK
YOU!

To schedule your appointment,
please contact Marisolle.


Call: 431-792-5117 or email
welcomedesk@acornfamilyplace.ca

HELLO
december

Leah
Gazan  NDP

Member of Parliament
Winnipeg Centre

Constituency Office:
892 Sargent Avenue
Winnipeg MB R3E 0C7

 204-984-1675

 leah.gazan@parl.gc.ca

 leahgazan.ca

 @leahgazanMP  /LeahGazanMP  @leahgazan



MUFFINS & TOT'S

Join us Tuesday mornings from

September 9th 2025 - June 23rd 2026

This welcoming and informal group is for caregivers and moms who identify as female, caring for little ones aged 0-4 years, especially those with limited or no support.

Come connect, share, and grow in a supportive, confidential, and trauma-informed space.

Each week, we focus on building friendships, exchanging stories and ideas, and creating a strong community together. Whether it's a planned topic or a spontaneous chat, your voice matters here.

Let's support one another through
conversation, laughter, and learning,
one Tuesday at a time!



Creativity for Caregivers with Art City

Parents and Caregivers,
Join us Monday mornings and
start your week off with some
creativity and self-care!

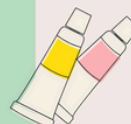
Mondays in the Program Room
From 9:30am to 11:30AM

September 8th, 2025
to March 30th, 2026

Snacks and Childcare are provided!

Questions?

Contact Deja at 204-979-2833 or
wellnessoutreach@acornfamilyplace.ca





#GIVING  TUESDAY

Your **Support** Builds **Strong Families.**



Donate today at:








www.canadahelps.org/en/charities/acorn-family-place-inc/

COLOUR ME!



December

Programming Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
1 Creativity For Caregivers 9:30-11:30am 	2 MUFFINS AND TOTS 9:30-11:30am	3 CENTRE CLOSED 9AM-1 PM Caring Dads 1:30-3:30pm	4 Loss & Learning 9:30-11:30am Cooking Class 1:30-3:30pm 	5 Breakfast Club 9:00-11:30am Drop-in with Nurse Julia 1:30- 3:30pm
8 Creativity For Caregivers 9:30-11:30am WrapAround Bingo 1:30-3:30pm	9 MUFFINS AND TOTS 9:30-11:30am	10 CENTRE CLOSED 9AM-1 PM Caring Dads 1:30-3:30pm	11 Loss & Learning 9:30-11:30am	12 Breakfast Club 9:00-11:30am Music Circle 10:30-11:00am Holiday Movie 1:30-3:30pm
15 Creativity For Caregivers 9:30-11:30am WrapAround Holiday Celebration 1:30-3:30pm	16 MUFFINS AND TOTS 9:30-11:30am 	17 CENTRE CLOSED 9AM-1 PM Caring Dads 1:30-3:30pm Drop-in with Nurse Julia 1:30- 3:30pm	18 Food Bank 1:30-3:30pm 	19 CENTRE CLOSED FOR OUTING
22 	23 LAST DAY BEFORE HOLIDAY BREAK!	24 CENTRE CLOSED	25 CENTRE CLOSED	26 CENTRE CLOSED 
29 CENTRE CLOSED	30 CENTRE CLOSED	31 CENTRE CLOSED NEW YEARS EVE 	Acorn Family Place is closed for the holidays from Dec 24th - Jan 2nd We will reopen on January 5th. Happy holidays and see you in 2026!	

- WrapAround programming connects parents & caregivers who are involved with CFS. Please contact Margot for info: 204-560-3153 or wraparound@acornfamilyplace.ca
- The sign-up sheet for Breakfast Club & Cooking Class will be in the Drop-In a half hour before the program starts
- Please call Joanne for info & to place your name on our Food Bank waiting list at: 204-560-3146

ACORN FAMILY PLACE
 Crossways in Common Building
 202-222 Furby Street, Winnipeg MB R3C 2A7
 Phone: 204-560-3141 Fax: 204-560-3154
 Email: admin@acornfamilyplace.ca
www.acornfamilyplace.ca