

Do you remember playing with Mister Potato Head when you were younger? How you spent hours creating all sorts of characters with the all the various pieces? It's amazing how this toy has stayed popular over the years. The children in the Playroom are discovering just how much fun this toy can be. They really enjoy creating different kinds of people with the various eyes, mouths, noses, hair, hats, and shoes. Have you ever seen a nose that looked like an ear? Or a person with three or four arms? **There is no limit to what their imagination can create.**



**Not only is this toy a lot of fun, but it can also be educational.** The children love figuring out where the eyes and mouth should go on the face. There are two sizes of Mister Potato Head, regular and baby potato head. And these parts come in different sizes too. It's always a joy to watch them figure out which shoes fit best for each size.



They quickly realize that small shoes do not work well with the larger potato, since it makes it tip over. Plus, this toy is great for helping younger children develop their **fine motor skills** as they work on fitting the pieces into the holes of the potato.

**-From the Playroom**



## WELCOME BACK VANESSA!

We're thrilled to welcome Vanessa back from her maternity leave! You may have already spotted her at the drop-in desk, and we're so happy to have her back with the team. Don't worry, Blessing is still with us too! She's transitioned into a part-time role and will continue supporting both the drop-in and welcome desks.



## Loss & Learning



Thursday November 6th, 2025 – Thursday December 11th, 2025

EXPLORING OUR STORIES OF LOSS AND  
LEARNING THE HEALING POWER OF SELF-  
COMPASSION, CURIOSITY, AND CREATIVITY.



For more information or to register please contact Alescha @  
personaldevelopment@acornfamilyplace.ca or Deja @ 204-979-2833



# Leah Gazan



Member of Parliament  
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**acorn**  
Family Place



## We are making some changes to our Clothing Depot

Starting November 17<sup>th</sup> we will only be accepting childrens clothing & toys.

We want to better focus on kids!

Adult clothing, furniture and housewares will no longer be accepted.



**Thank you for helping  
us make this transition  
smooth and impactful!**

Any questions?  
Call Marisolle: 431-792-5117



HEY!  
DID YOU  
KNOW THAT?

## ACORN FAMILY PLACE IS A NALOXONE DISTRIBUTION SITE



ASK WELLNESS FOR A FREE KIT  
AND HOW TO USE IT



# HELLO winter



## MUFFINS & TOT'S



Join us Tuesday mornings from

September 9<sup>th</sup> 2025 - June 23<sup>rd</sup> 2026

This welcoming and informal group is for caregivers and moms who identify as female, caring for little ones aged 0-4 years, especially those with limited or no support.

Come connect, share, and grow in a supportive, confidential, and trauma-informed space. Each week, we focus on building friendships, exchanging stories and ideas, and creating a strong community together. Whether it's a planned topic or a spontaneous chat, your voice matters here.

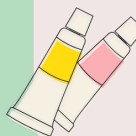
Let's support one another through conversation, laughter, and learning, one Tuesday at a time!

## Creativity for Caregivers with Art City

Parents and Caregivers,  
Join us Monday mornings and  
start your week off with some  
creativity and self-care!

Mondays in the Program Room  
From 9:30am to 11:30AM

September 8th, 2025  
to March 30th, 2026

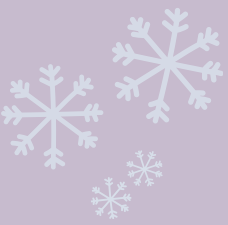


Snacks and Childcare are provided!

Questions?

Contact Deja at 204-979-2833 or  
[wellnessoutreach@acornfamilyplace.ca](mailto:wellnessoutreach@acornfamilyplace.ca)

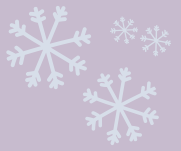




# WINTER



Find these words:



## WORD SEARCH

*COLD HAT SCARF SNOW*  
*COAT ICE SLIP MITTEN*

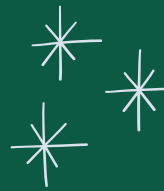
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THERES A BONUS WORD IN THERE, DID YOU FIND IT?



# NOVEMBER 2025

## Programming Schedule



Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> <b>Creativity For Caregivers</b> 9:30-11:30 <b>Mental Health Bingo</b> 1:30-3:30pm 	<b>4</b> <b>MUFFINS AND TOTS</b> 9:30-11:30 <b>Circle of Security</b> 1:30-3:30	<b>5</b> <b>CENTRE CLOSED</b> 9AM-1 PM <b>Caring Dads</b> 1:30-3:30pm	<b>6</b> <b>Loss &amp; Learning</b> 9:30-11:30am <b>Cooking Class</b> 1:30-3:30 pm	<b>7</b> <b>Breakfast Club</b> 9-11:30 am 
<b>10</b> <b>Creativity For Caregivers</b> 9:30-11:30	<b>11</b> <b>CENTRE CLOSED</b> ALL DAY	<b>12</b> <b>CENTRE CLOSED</b> 9AM-1 PM <b>Caring Dads</b> 1:30-3:30pm 	<b>13</b> <b>Loss &amp; Learning</b> 9:30-11:30am <b>Healthy Baby</b> 1:00-3:00pm	<b>14</b> <b>Breakfast Club</b> 9-11:30 am <b>Music Circle</b> 10:30-11 <b>Drop-in with Nurse Julia</b> 1:30-3:30
<b>17</b> <b>Creativity For Caregivers</b> 9:30-11:30 	<b>18</b> <b>MUFFINS AND TOTS</b> 9:30-11:30	<b>19</b> <b>CENTRE CLOSED</b> 9AM-1 PM <b>Caring Dads</b> 1:30-3:30pm	<b>20</b> <b>Loss &amp; Learning</b> 9:30-11:30am <b>Cooking Class</b> 1:30-3:30 pm	<b>21</b> <b>Breakfast Club</b> 9-11:30 am 
<b>24</b> <b>Creativity For Caregivers</b> 9:30-11:30 <b>WrapAround Drop-In</b> 1:30-3:30 <b>Community Council</b> 1:00-3:00	<b>25</b> <b>MUFFINS AND TOTS</b> 9:30-11:30 	<b>26</b> <b>CENTRE CLOSED</b> 9AM-1 PM <b>Caring Dads</b> 1:30-3:30pm	<b>27</b> <b>Loss &amp; Learning</b> 9:30-11:30am <b>Healthy Baby</b> 1:00-3:00pm <b>Food Bank</b> 1:30-3:30pm	<b>28</b> <b>Breakfast Club</b> 9-11:30 am <b>Music Circle</b> 10:30-11 <b>Drop-in with Nurse Julia</b> 1:30-3:30

- WrapAround programming connects parents & caregivers who are involved with CFS. Please contact Margot for info: 204-560-3153 or [wraparound@acornfamilyplace.ca](mailto:wraparound@acornfamilyplace.ca)
- The sign-up sheet for Breakfast Club & Cooking Class will be in the Drop-In a half hour before the program starts
- Please call Joanne for info & to place your name on our Food Bank waiting list at: 204-560-3146

**ACORN FAMILY PLACE**  
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