



NEWS FROM THE PLAYROOM

In the Playroom, we've been having fun exploring new ways to paint. Our only rule was no paint brushes!

The children eagerly started exploring the different art materials, imagining what the best tool might be.

They quickly decided on soft, colourful pompoms.



Carefully, we dipped the pompoms in bright yellow paint and dragged them along the paper. To our delight, the pompoms made a perfect painting tool, and we even created a happy face on the paper!

The pompom painting inspired us to think of other creative ways to use them. We decided to try gluing our pompoms onto a picture, and that worked out wonderfully. Exploring different art materials and trying them in fun, new ways really sparks imagination and creativity in the Playroom.



Welcome, Eunnah!

Eunnah is a Social Work student from CMU who will be with us 2 days a week until mid-April. Eunnah will be working closely with the Welcome Desk and Drop-in gaining direct service experience.

Please say Hi to Eunnah when you see her!



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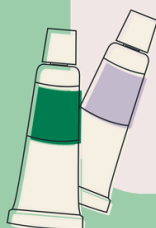
Creativity for Families

For Parents and Caregivers,
*To explore, create, and unwind
with a guided art activity*

Mondays in the Program Room

9:30am to 11:30am

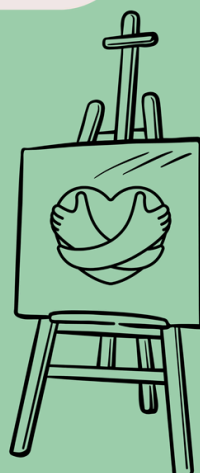
October 19th - November 23rd



**Childcare available for children
3 months to 6 years old!**

Questions?

Contact Deja at 204-979-2833 or
wellnessoutreach@acornfamilyplace.ca



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**Want to make sure
you never miss our
Newsletter?**

**Scan the QR code
and sign up for our
email updates!**

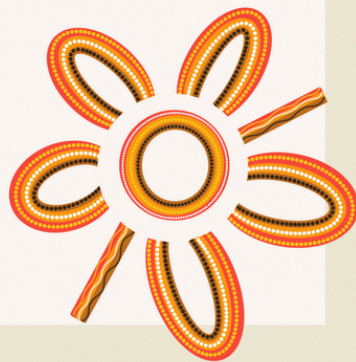




What does Truth and Reconciliation mean to you?

Find an orange tshirt in the Drop-in
and share your thoughts.

Your responses will be displayed
around the centre for the
community to read and reflect on.

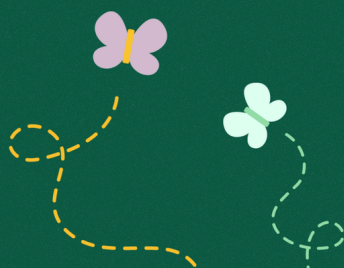


A place for families



Annual Report

2025-26



Leah Gazan



Member of Parliament
Winnipeg Centre

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PUBLIC HEALTH NURSE DROP-IN

NEXT DROP-IN DATE IS

OCTOBER 20TH 1:00-3:00PM

DISCUSS ANY CURRENT
HEALTH CONCERNS

GET CONNECTED TO A DOCTOR
IN YOUR AREA

REFERRAL TO MENTAL HEALTH
SUPPORT SERVICES

IMMUNIZATIONS INCLUDING
VACCINE EDUCATION

SUPPORTING YOU/YOUR FAMILY TO
DETERMINE YOUR HEALTH CARE NEEDS!

Our 2025-26 Annual Report is here!

Scan the QR
code to read
the full report!



Support Caregivers. Nourish Families.



- \$25** provides one emergency food kit.
- \$50** helps caregivers gain paid work experience.
- \$75** funds one weekly caregiver breakfast.



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Your support helps caregivers gain paid work experience while preparing nutritious meals and food hampers for families in our community. Visit the link or scan the QR Code to donate.



A big thank you to Klinik Community Health, United Way Winnipeg, and generous community members for helping families get ready for the school year!

In September, we received donations of brand new backpacks, pencil cases, and school supplies that went directly to families in our community.



We're so grateful to everyone who helped make sure kids had some new supplies to start the school year!



Acorn Family Place

OCTOBER

Programming
Schedule 2026



Monday	Tuesday	Wednesday	Thursday	Friday
			1 Healthy Baby 1:00-3:00pm	2 Breakfast Club 10:00-11:00am Music Circle 10:30-11:00am
5 Cooking Class 1:30-3:30pm 	6 Caring Dads 1:30-3:30pm	7 CENTRE CLOSED 9AM-1 PM Circle of Security 1:30-3:30pm	8 Money Management 1:30-3:30pm Healthy Baby 1:00-3:00pm	9 Breakfast Club 10:00-11:00am 
12 CENTRE CLOSED	13 Caring Dads 1:30-3:30pm	14 CENTRE CLOSED 9AM-1 PM Circle of Security 1:30-3:30pm	15 Money Management 1:30-3:30pm Healthy Baby 1:00-3:00pm	16 Breakfast Club 10:00-11:00am Music Circle 10:30-11:00am
19 Creativity for Families 9:30-11:30am Cooking Class 1:30-3:30pm	20 Drop-in with Nurse Lara 1:00-3:00pm Caring Dads 1:30-3:30pm	21 CENTRE CLOSED 9AM-1 PM Circle of Security 1:30-3:30pm	22 Money Management 1:30-3:30pm Healthy Baby 1:00-3:00pm	23 Breakfast Club 10:00-11:00am
26 Creativity for Families 9:30-11:30am Community Council 1:00-3:00pm WrapAround Drop-in 1:30-3:30pm	27 Caring Dads 1:30-3:30pm 	28 CENTRE CLOSED 9AM-1 PM Circle of Security 1:30-3:30pm	29 Money Management 1:30-3:30pm Healthy Baby 1:00-3:00pm	30 Breakfast Club 10:00-11:00am Music Circle 10:30-11:00am 

- Caring Dads and Circle of Secuirty require pre-registration.
All other programs are drop-in programs open to caregivers.
- WrapAround programming connects with caregivers who are involved with CFS. Please contact Margot for more info:
204-560-3153 or wraparound@acornfamilyplace.ca
- The sign-up sheet for Breakfast Club & Cooking Class will be available in the Drop-in room 30 minutes before the program starts.

ACORN FAMILY PLACE

Crossways in Common Building

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Email: admin@acornfamilyplace.ca

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