



News From the Playroom

This hot summer has gone by so quickly in our Playroom. This tends to happen when we are having so much fun! Our summer students have been such a great help in the Playroom. The children have been loving the positive and creative energy of our new staff.



Forts are a hot topic with the children; collaborating to make the coziest home. The children would use some of the thicker connectors as both a stabilizing structure but as well as shelves to put their home necessities on. Our favourite part had to be when the other children would help build one fort, then that friend would help the other to make a fort so they could be neighbours.

Thanks to their teamwork, the children even put together a car wash. The children really loved using the large toilet brush along with toothbrushes to scrub the cars clean. One of the families even had their brothers working together where one would scrub the car clean and rinse it, and the other would dry it.



We will miss you dearly Maryam and Jules, thanks for being such a great help this summer. We hope to see you again soon!

Meet Rebecca, Wraparound Advocate:

Hi, my name is Rebecca, and I have worked in social services since I moved to Winnipeg four and a half years ago from Ontario. I am excited to begin my role here at Acorn Family Place as I am passionate about supporting people in advocacy, and appreciate hearing their stories and learning something new from them.

I look forward to returning to Crossways where I have worked and volunteered in different ways since coming to Winnipeg, and have always felt so welcomed by the community here.

In my free time, I enjoy photography, baking, and exploring new places. I also love taking the dog for a walk and spending time with family and friends.

Take care,
Rebecca



Rebecca



What would you like for **NATIONAL DAY FOR TRUTH AND RECONCILIATION** at Acorn Family Place?

As part of our National Day for Truth and Reconciliation activities, we're planning a Community Feast on September 25th from 1:30–3:30 p.m. Everyone is welcome!

We'd like to hear from the community about what other activities and programming you would like to see at Acorn Family Place in recognition of NDTR.



**Complete the survey by 3:30pm
Sept 4th for a chance to win a prize!**

Scan the QR code to
complete the survey or use
the link:

<https://forms.gle/y91XYDVLWw5VS2gA8>

What does Truth and Reconciliation mean to you?

Find an orange shirt cut-out around Acorn Family Place and share your thoughts throughout the month.

Your responses will be displayed around the centre for the community to read and reflect on.

**Keep an eye out for
more National Day
for Truth and
Reconciliation
activities as we
gather and finalize
community feedback!**



acorn
Family Place





INTERNATIONAL OVERDOSE AWARENESS DAY NALOXONE TRAINING



Naloxone is a medication used to reverse the effects of opioid overdose/poisoning

Learn about the nasal spray and also practicing with the intramuscular injection

AUGUST 31ST | 1:30 TO 3:30PM

SIGN UP REQUIRED

Contact Deja at 204-979-2833 or
wellnessoutreach@acornfamilyplace.ca

Leah Gazan



Member of Parliament
Winnipeg Centre

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PUBLIC HEALTH NURSE DROP-IN

NEXT DROP-IN DATE IS

SEPTEMBER 15TH 1:00-3:00PM

DISCUSS ANY CURRENT
HEALTH CONCERNS

GET CONNECTED TO A DOCTOR
IN YOUR AREA

REFERRAL TO MENTAL HEALTH
SUPPORT SERVICES

IMMUNIZATIONS INCLUDING
VACCINE EDUCATION

SUPPORTING YOU/YOUR FAMILY TO
DETERMINE YOUR HEALTH CARE NEEDS!

Acorn Family Place's 2025-26

Annual General Meeting

You're invited! Everyone is welcome.
Stay informed and get involved.



Tuesday
22 September, 2026



Start at
5:30 pm



Crossways in Common
222 Furby St.

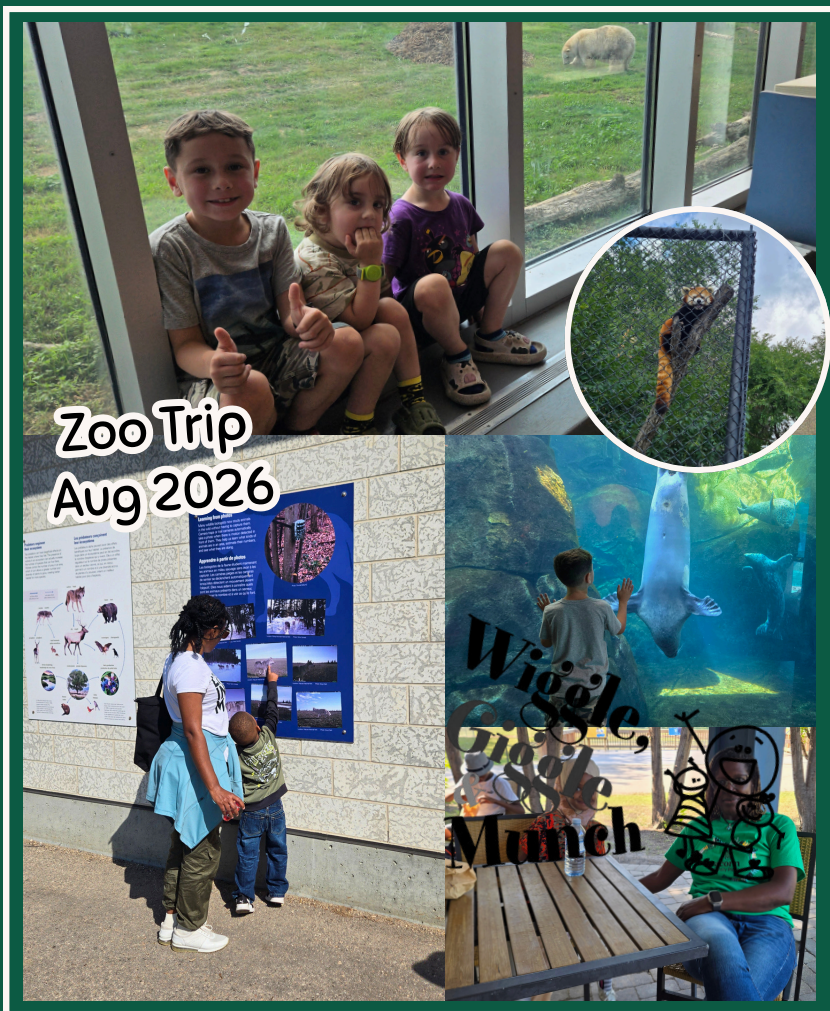
If you have any questions, please
contact: 204-560-3141 or email:
admin@acornfamilyplace.ca



**WANT TO MAKE SURE YOU
NEVER MISS A NEWSLETTER?**

Scan the QR code
and sign up for our
email updates!





WEDNESDAY, SEPTEMBER 2ND, 2026

Join Acorn Family Place from 1:30 pm- 3:30 pm
for an afternoon of Bingo fun!

There will be prizes for all winners! See you there.

**For more information, please reach Vanessa at
204-560-3141**

**A big shout-out to all the wonderful caregivers and children
who joined us for Wiggle, Giggle, & Munch on Tuesdays!**



It was such a joy to spend time together moving, exploring,
playing and discovering alongside the little ones.

It didn't take much to get everyone moving, and before
long, the room was filled with giggles, smiles and dancing.

And then came the munch!

Sharing a snack together gave us time to
slow down, chat and connect.

Thank you to every family who came and
shared in the fun, we loved having you at
the centre and can't wait to do it all again!
And thank you to Communities4Families
for supporting this program!

**Stay active and stay tuned for the next
round of Wiggle, Giggle, & Munch!**



HAPPY NATIONAL FOOD SERVICE WORKERS DAY AND THANK YOU TO FOOD CONNECTIONS!

September 25th is National Food Service Workers Day! We're celebrating the incredible team behind our Food Connections program and the work they do to nourish our community and bring people together.

Last month, our WrapAround team proudly collaborated with community partners at the Indigenous Games Events, where participants took part in cultural teachings on the Seven Sacred Teachings.

With support from Food Connections Catering, over 100 hot dogs were prepared and served for participants and families. Thank you to these amazing folks who keep us nourished and bring us all together!



Money Management

seed
WINNIPEG INC.

Workshops where you can gain new knowledge and practical tools to help manage your money

**Thursdays, September 10th - October 29th
from 1:30 to 3:30pm**

- Understanding Credit
- Dealing with Debt
- Money Choices
- Asset Building
- Budgeting
- Financial Services
- Community Economic Development



Contact Deja to sign up: 204-979-2833
or wellnessoutreach@acornfamilyplace.ca
Childcare (ages 0-6), snacks & bus tickets provided

We'll be set up at the West Broadway Farmers' Market September 9th and 23rd. Come say hi!

EVERY WEDNESDAY 3:00 - 6:00PM	JULY TO MID OCTOBER STARTING JULY 1, 2026	BNC FIELD 185 YOUNG ST
MANITOBA COMMUNITY FOOD CURRENCY PROGRAM PARTNER		

FOR MORE INFORMATION CONTACT:
goodfoodclub@westbroadway.mb.ca
204-774-7201 EXT 6



Acorn Family Place

SEPTEMBER

Programming
Schedule 2026



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Caring Dads 1:30-3:30pm	2 CENTRE CLOSED 9AM-1 PM Drop-in Bingo 1:30-3:30pm 	3	4 Breakfast Club 10:00-11:00am Music Circle 10:30-11:00am SmilePlus 1:30-2:00pm
7 CENTRE CLOSED	8 Caring Dads 1:30-3:30pm 	9 CENTRE CLOSED 9AM-1 PM	10 Cooking Class 1:30-3:30pm Money Management 1:30-3:30pm	11 Breakfast Club 10:00-11:00am 
14 WrapAround: Talking Circles with Auntie Val 1:30-3:30pm	15 Caring Dads 1:30-3:30pm Drop-in with Nurse Lara 1:00-3:00pm	16 CENTRE CLOSED 9AM-1 PM	17 Money Management 1:30-3:30pm	18 Breakfast Club 10:00-11:00am Music Circle 10:30-11:00am
21 	22 Caring Dads 1:30-3:30pm YOU'RE INVITED! AFP Annual General Meeting 5:30pm	23 CENTRE CLOSED 9AM-1 PM	24 Cooking Class 1:30-3:30pm Money Management 1:30-3:30pm 	25 NATIONAL DAY FOR TRUTH AND RECONCILIATION: COMMUNITY FEAST 1:30-3:30pm
28 Community Council 1:00-3:00pm WrapAround Drop-in: Art, Relax & Connect 1:30-3:30pm	29 Caring Dads 1:30-3:30pm	30 NATIONAL DAY FOR TRUTH AND RECONCILIATION CENTRE CLOSED	National Day for Truth and Reconciliation or "Orange Shirt Day" was established in 2021 to honour Residential School Survivors, their families and communities, and the children who never returned home. 	

- Caring Dads requires pre-registration.
All other programs are drop-in programs open to caregivers.
- WrapAround programming connects caregivers
who are involved with CFS. Please contact Ruby for more info:
204-560-3141 or wasupport@acornfamilyplace.ca
- The sign-up sheet for Breakfast Club & Cooking Class will be in the
Drop-In room 30 minutes before the program starts.

ACORN FAMILY PLACE

Crossways in Common Building

202-222 Furby Street, Winnipeg MB R3C 2A7

Phone: 204-560-3141 Fax: 204-560-3154

Email: admin@acornfamilyplace.ca

www.acornfamilyplace.ca