

NEWS FROM THE PLAYROOM!

We are noticing so many signs of spring all around, even in our Playroom! The children have suddenly sprung into extra energy and enthusiasm. During spring break, the Playroom was bustling with so many active children engaged in a variety of fun activities. Our staff enjoyed helping them explore and try out several new ways to stay busy.



One activity the children had a great time with was called “A Minute to Win It,” where they sorted items by colour and placed them into matching bowls (there were four bowls). It sounds simple, but using tweezers to pick up each item and put it into the right bowl made it quite the challenge! The children really had a great time with it.

Another favourite activity was making shoes out of Kleenex boxes. The children had a blast walking around the room in their “new shoes.” One of them even decided to try playing soccer in these homemade shoes, and it was hilarious watching him try to kick the ball!



We're excited to share that Acorn Family Place has been selected as a charity partner with Kinsmen Jackpot Bingo for the month of May!

Proceeds raised throughout the month will help fund essential items like diapers, formula, food hampers, and hygiene products for caregivers.



It's a chance to win while supporting local families! Purchase a bingo card online or at participating retailers, then tune in Saturdays at 5:30pm on CTV Winnipeg or YouTube Live to play along.

THANK YOU!



Financial Empowerment Drop In Day

Thursday May 21st
1:00 PM – 5:00 PM
ACORN FAMILY PLACE
222 FURBY STR – MINI GYM
(basement)

ALL SERVICES ARE FREE!!*

COMMUNITY FINANCIAL (CFCS)

FREE TAX SERVICES

Community Financial Counselling Services will file your taxes and help you apply for government benefits!

AFP

FREE MB. BIRTH CERTIFICATES

Acorn Family Place can help you apply for a free Manitoba Birth Certificate.

CUHC

HELP WITH EIA AND EI

Community Unemployed Help Centre can help you navigate issues with EIA and EI.

CRA

CRA ACCOUNT HELP

Canada Revenue Agency can assist with "My Account" access problems and other tax issues.

ACU

FREE BANK ACCOUNTS

Assiniboine Credit Union will help you open a bank account or a Registered Education Savings Plan for your child.

SERVICE CANADA

SIN NUMBERS AND BENEFITS

Service Canada can help you get your SIN and benefits like CPP, OAS, GIS and Canadian Dental Care Plan.

EIA

EIA PROGRAM INFORMATION

Employment & Income Assistance can give info on programs and benefits that may be available for you!

*FREE SERVICES ARE AVAILABLE TO INDIVIDUALS LIVING ON A LOW TO MODERATE INCOME

Contact Deja for more information
wellnessoutreach@acornfamilyplace.ca



Our catering partnership with the North End Women's Centre, supported by United Way Winnipeg, has recently come to a close. Since 2022, our Food Connections team prepared 150 meals each week for community members accessing programs at NEWC, while creating steady, paid opportunities for our kitchen staff.

We're grateful to have been part of this meaningful collaboration and thank our partners for their support. ♡



United Way
Winnipeg

NORTH END
**women's
centre**



Everyone is welcome!

Saturday, May 9 at BNC (185 Young Street)

Registration: 9:30 AM - 10:00 AM

Clean Up: 10:00 AM - 12:00 PM

Free lunch & Entertainment: 12:00 PM - 1:30 PM



ACORN FAMILY PLACE NEEDS

Diapers and Hygiene



WHAT WE NEED:

- Diapers sizes 3-6
- Pull-ups sizes 6-8
- Soap
- Shampoo
- Conditioner
- Lotion
- Wipes

Drop-off Location:

202- 222 Furby Street
Winnipeg, Manitoba
Open: Mon-Fri, 9am-4pm
(closed 12-1pm daily)

Questions?

Please give us a call:

204-560-3141

For more information on our programs and ways to support, please visit:

acornfamilyplace.ca



Thank you for supporting caregivers with your donation! ♡



WEST BROADWAY FARMERS' MARKET

NOW ACCEPTING Vendor Applications

West Broadway Farmers' Market is looking for vendors for the 2026 market season. If you are a local farm, baker, food producer, crafter, artist or artisan we would love to have you!

We offer reduced table fees for low income folks, students and youth. Non-profit and community organizations are invited to take part in the market free of charge.

Heads up! We will never reach out to you from a personal Facebook account, or ask you to pay vendor fees in advance. Please be aware of scammers.

FREE VENDOR PARKING ON SITE

PLEASE FILL OUT THE APPLICATION FORM LINKED IN OUR BIO.

EVERY WEDNESDAY
3:00 - 6:00PM

JULY TO MID OCTOBER
2026

BNC FIELD
185 YOUNG ST

MANITOBA COMMUNITY FOOD CURRENCY PROGRAM PARTNER

Have you signed up for Book Club yet?



Book Club

Mondays May 4th to June 29th
10:00 to 11:30 am

Why should you join a book club?

A chance to socialize and meet new people

Great way to read more books

Learn new things

Get more comfortable reading aloud

Contact Deja to sign up: 204-979-2833
wellnessoutreach@acornfamilyplace.ca
childcare available upon request

HAPPY SPRING



RECREATION FEE ASSISTANCE PROGRAM

Third Party Referrals

Unlimited FREE admission to swimming pools, recreation and fitness centres

10 visit pass for drop-in classes like Zumba or Yoga

\$300 credit for registered Leisure Guide activities like swimming lessons and summer camps

Want to apply or have questions?
Contact Deja 204-979-2833
wellnessoutreach@acornfamilyplace.ca

Leah Gazan

Member of Parliament
Winnipeg Centre

Constituency Office:
892 Sargent Avenue
Winnipeg MB R3E 0C7

 204-984-1675

 leah.gazan@parl.gc.ca

 leahgazan.ca

 @leahgazanMP  /LeahGazanMP  @leahgazan



Wellness Outreach Coordinator

What does Deja do and how can she support you?

- Plan Health and Wellness programs and outreach activities (art, peer support groups, Public Health Nurse Drop-ins, workshops, trainings and more)
- Give Health and Wellness resources – first aid, harm reduction supplies and more
- Offer one-on-one health support – referrals, advocacy and system navigation support
- Share resources, worksheets and brochures in the washrooms and community resources around the center

Contact Deja, 431-721-3817
wellnessoutreach@acornfamilyplace.ca

NEED NALOXONE?

We Distribute it at Acorn Family Place!

Ask for a kit at the Welcome Desk,
Drop-in or contact Deja 431-721-3817
wellnessoutreach@acornfamilyplace.ca



Upcoming Wellness Events and Programs

Join us for...

Financial Empowerment Drop-in Day

May 21st – 1:00 to 5:00pm in the Mini Gym (basement)
Get help with taxes, benefits, banking, ID, and income supports from CFCS, SEED, CUHC, CRA, Assiniboine Credit Union, Service Canada, and EIA

Book Club

Mondays May 4th to June 29th – 10:00 to 11:30am
A weekly group to build confidence reading aloud and connect with others.

Nurse Julia Drop-in

Fridays May 8th and 22nd – 1:30 to 3:30pm
Drop-in offering health support, immunizations and referrals

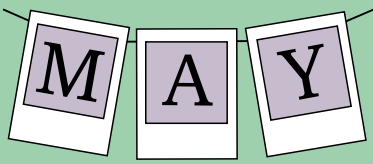
Contact Deja for more information



At Acorn Family Place, we celebrate and support 2SLGBTQIA+ caregivers, children, and families, and are committed to creating a welcoming and inclusive space for all.








Keep an eye out for more Pride activities in June!





Acorn Family Place Programming Schedule 2026



Monday	Tuesday	Wednesday	Thursday	Friday
				<p>1</p> <p>Breakfast Club 10:00-11:00am</p> 
<p>4</p> <p>Book Club 10:00-11:30am</p> 	<p>5</p> <p>Muffins and Tots 9:30-11:30am</p> <p>Caring Dads 1:30-3:30pm</p>	<p>6</p> <p>CENTRE CLOSED 9AM-1 PM</p> <p>Circle of Security 1:30-3:30pm</p>	<p>7</p> <p>Cooking Class 1:30-3:30pm</p> 	<p>8</p> <p>Breakfast Club 10:00-11:00am</p> <p>Music Circle 10:30-11:00am</p> <p>Drop-in with Nurse Julia 1:30-3:30pm</p>
<p>11</p> <p>Book Club 10:00-11:30am</p> <p>WrapAround Drop-in: Fun with Glue Art 1:30-3:30pm</p>	<p>12</p> <p>Muffins and Tots 9:30-11:30am</p> <p>Caring Dads 1:30-3:30pm</p>	<p>13</p> <p>CENTRE CLOSED 9AM-1 PM</p> 	<p>14</p> 	<p>15</p> <p>Breakfast Club 10:00-11:00am</p>
<p>18</p> <p>CENTRE CLOSED</p>	<p>19</p> <p>Muffins and Tots 9:30-11:30am</p> <p>Caring Dads 1:30-3:30pm</p>	<p>20</p> <p>CENTRE CLOSED 9AM-1 PM</p> <p>Nobody's Perfect 1:30-3:30pm</p>	<p>21</p> <p>Financial Empowerment Drop-in Day 1:00- 5:00pm</p> <p>Cooking Class 1:30-3:30pm</p>	<p>22</p> <p>Breakfast Club 10:00-11:00am</p> <p>Music Circle 10:30-11:00am</p> <p>Drop-in with Nurse Julia 1:30-3:30pm</p>
<p>25</p> <p>Book Club 10:00-11:30am</p> <p>Community Council 1:00-3:00pm</p> <p>WrapAround Drop-in: Bannock & Rice Krispie Squares 1:30-3:30pm</p>	<p>26</p> <p>Muffins and Tots 9:30-11:30am</p> <p>Caring Dads 1:30-3:30pm</p>	<p>27</p> <p>CENTRE CLOSED 9AM-1 PM</p> <p>Nobody's Perfect 1:30-3:30pm</p>	<p>28</p> <p>Eid al Adha Celebration Feast 1:30-3:30pm</p> 	<p>29</p> <p>Breakfast Club 10:00-11:00am</p> <p>Pride Art Activity 1:30-3:30</p> 

- Caring Dads, Circle of Security, and Nobody's Perfect require pre-registration. All other programs are open drop-in programs for caregivers.
- WrapAround programming connects parents & caregivers who are involved with CFS. Please contact Margot for info: 204-560-3153 or wraparound@acornfamilyplace.ca
- The sign-up sheet for Breakfast Club & Cooking Class will be in the Drop-In room 30 minutes before the program starts.

ACORN FAMILY PLACE
 Crossways in Common Building
 202-222 Furby Street, Winnipeg MB R3C 2A7
 Phone: 204-560-3141 Fax: 204-560-3154
 Email: admin@acornfamilyplace.ca
 www.acornfamilyplace.ca